

The mission of Cloud Dancers Therapeutic Horsemanship Program, Inc., a non-profit corporation, is to provide equine-assisted activities to individuals with physical, developmental, emotional, and/or social needs through innovative riding, vaulting and ground programs.

Rider's Medical History and Physician's Statement (1/2)

Must be Completed by Rider's Physician

Your patient, _____ is interested in participating in supervised equine activities. To safely provide this service, Cloud Dancers requests that you complete the following medical form. **Please note that the following conditions may suggest precautions and contraindications to equine activities.** Therefore, when completing this form, please note whether these conditions are present, and to what degree.

- | | |
|---|--|
| <input type="checkbox"/> Abuse | <input type="checkbox"/> Medications (i.e., photosensitivity) |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Animal Abuse | <input type="checkbox"/> Neurologic |
| <input type="checkbox"/> Atlantoaxial Instability - include neurologic symptoms | <input type="checkbox"/> Orthopedic |
| <input type="checkbox"/> Blood Pressure Control | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Cardiac Conditions | <input type="checkbox"/> Pathologic Fractures |
| <input type="checkbox"/> Coxa Arthrosis | <input type="checkbox"/> Physical/Sexual/Emotional |
| <input type="checkbox"/> Cranial Deficits | <input type="checkbox"/> Poor Endurance |
| <input type="checkbox"/> Dangerous to self or others | <input type="checkbox"/> PVD |
| <input type="checkbox"/> Exacerbations of medical conditions (i.e.RA,MS) | <input type="checkbox"/> Recent Surgeries |
| <input type="checkbox"/> Fire Settings | <input type="checkbox"/> Respiratory Compromise |
| <input type="checkbox"/> Hemophilia | <input type="checkbox"/> Seizure |
| <input type="checkbox"/> Heterotopic Ossification/Myositis Ossificans | <input type="checkbox"/> Skin Breakdown |
| <input type="checkbox"/> Hydrocephalus/Shunt | <input type="checkbox"/> Spina Bifida/Chiari II malformation/Tethered Cord/Hydromyelia |
| <input type="checkbox"/> Indwelling Catheters | <input type="checkbox"/> Spinal Joint Fusion/Fixation |
| <input type="checkbox"/> Joint subluxation/dislocation | <input type="checkbox"/> Spinal Joint Instability/Abnormalities |
| <input type="checkbox"/> Medical Equipment | <input type="checkbox"/> Substance Abuse |
| <input type="checkbox"/> Medical Instability | <input type="checkbox"/> Thought Control Disorders |
| <input type="checkbox"/> Medical/Psychological | <input type="checkbox"/> Weight Control Disorders |
| <input type="checkbox"/> Other: _____ | |

Physician Signature: _____ **Date:** _____

Rider's Medical History and Physician's Statement (2/2)

Must be Completed by Rider's Physician

Rider's Name: _____ Height: _____ Weight: _____ Birthdate: _____ Gender: M / F

Diagnosis: _____ Date of Onset: _____

Past/Prospective Surgeries: _____

Medications: _____

Psychological: _____

Allergies (To Medications or Other): _____

Date of Tetanus Shot: _____ Seizure Type: _____ Date of Last Seizure: _____ Controlled: Y / N

Shunt Present: Y / N Date of Last revision: _____ Special Precautions/Needs: _____

Current or Past Special Needs:

- | | | | |
|--------------------------------------|--|--|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Circulatory | <input type="checkbox"/> Immunity | <input type="checkbox"/> Pulmonary |
| <input type="checkbox"/> Auditory | <input type="checkbox"/> Cognitive | <input type="checkbox"/> Integumentary/Skin | <input type="checkbox"/> Spasticity and/or Rigidity |
| <input type="checkbox"/> Balance | <input type="checkbox"/> Communication | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Speech |
| <input type="checkbox"/> Behavioral | <input type="checkbox"/> Coordination | <input type="checkbox"/> Muscular | <input type="checkbox"/> Tactile Sensation |
| <input type="checkbox"/> Bones/Joint | <input type="checkbox"/> Digestion | <input type="checkbox"/> Neurologic | <input type="checkbox"/> Visual |
| <input type="checkbox"/> Breathing | <input type="checkbox"/> Elimination | <input type="checkbox"/> Orthopedic | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Cardiac | <input type="checkbox"/> Emotional/Psychological | <input type="checkbox"/> Pain | |

Mobility: Independent Ambulation Y / N

Assisted Ambulation: Y / N

Wheelchair: Y / N

Braces/Assistive Devices: _____

NOTE FOR PERSONS WITH DOWN SYNDROME

DUE TO THE NATURE OF HORSEBACK RIDING, INDIVIDUALS DIAGNOSED WITH DOWN SYNDROME CAN ONLY BE ACCEPTED INTO OUR PROGRAM WITH DOCUMENTED NEGATIVE INDICATION FOR ATLANTOAXIAL INSTABILITY. I CERTIFY THAT THE PATIENT NAMED ABOVE RECEIVED A COMPLETE NEUROLOGIC EXAM THAT REVEALS NO EVIDENCE OF ATLANTOAXIAL INSTABILITY OR DECREASE IN NEUROLOGICAL FUNCTION. Please initial: _____

Given the diagnosis and medical information, this individual is not medically precluded from participation in equine assisted activities. I understand that Cloud Dancers will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this individual to Cloud Dancers for ongoing evaluation to determine eligibility for participation. In my opinion the above patient can participate in equine assisted activities for a duration of 45 – 60 minutes under appropriate supervision.

Physician Name/Title (Print): _____ **MD DO NP PA Other:** _____ **Date:** _____

Physician Signature: _____ **License/UPI Number:** _____ **Phone:** _____

Physician's Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine activities, please contact Cloud Dancers at programs.cloud dancersth@p@gmail.com, P.O. Box 10489 Albuquerque NM 87184 or leave a message at 505-926-1426.